

# Daily Quiet Time Journal

*“All scripture is God breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.”*

*II Timothy 3:16-17*

**I expect all Scripture to tell me something that I need to:**

- **Teaching:** tells me what I need to **KNOW**
- **Rebuking:** tells me what I need to **STOP**
- **Correcting:** tells me what I need to **CHANGE**
- **Training in Righteousness:** tells me what I need to **DO**

# Having a Daily Quiet Time

*Is as easy as a, b, c.*

## What do I do?

Ask God to instruct and teach you from His Word  
(Psalm 119:18)

Bible Reading Daily (II Timothy 3: 16-17)

Communicate with God. P.R.A.Y. (Psalm 100:1-5)

## How do I begin?

A. Ask God to instruct you.

B. Bible Reading Plan

### Fill in your journal:

**B**ook-Read scripture for the day.

**L**ook-Observation of what God impresses on you.

**T**ook-Application-what I need to do (Know, stop, change or do).

C. Communicate with God-**P.R.A.Y.**

**P**raise...

**R**epent...

**A**sk...

**Y**ield...

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**Look:** Underline in your Bible and note what truth God impresses upon you. The truth today is...

**Took:** I expect all Scripture to tell me something that I need to:

**Teaching:** tells me what I need to **KNOW.**

**Rebuking:** tells me what I need to **STOP.**

**Correcting:** tells me what I need to **CHANGE.**

**Training in Righteousness:** tells me what I need to **DO.**

**Application for today is...**

### C. Communicate (P.R.A.Y.) with God.

*“Call to me and I will answer you and tell you great and unsearchable things you do not know.”*(Jeremiah 33:3).

**P**raise: I praise God for. . . .

*(God's character, nature, who He is, and what He has done)*

**R**epent: I confess and repent of the sin of . . .

*(Listing and confessing our specific sins is essential for Christian growth)*

**A**sk: I pray for . . .

*(Write out specific requests in your life and the life of others that require the work of God)*

**Y**ield: I yield my life to the Lord . . .

*(in the areas of application from this study)*

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**PRAYER**

Request

Answer

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Request	Answer

**PRAYER**

Request

Answer

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Request	Answer

## **A BIBLICAL VISION FOR DISCIPLESHIP**

*“And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others.”*

**2 Timothy 2:2**

**REACH** people with the life-changing gospel of Christ.

**TEACH** them how to follow Christ.

**SEND** them out to reach others.

*All through **RELATIONSHIPS***

### ***Our Mission:***

*“To equip the Body of Christ to fulfill the Great Commandment and the Great Commission one disciple at a time.”*

***Pastor Jim Halstead***

**[www.delightingod.com](http://www.delightingod.com)**