

Reserve a Daily Quiet Time with God

(Psalm 46:10, Matthew 6:6, Mark 1:35)

“Having a daily quiet time is easy as a, b, c.”

A. Ask God to instruct and teach you from His Word.

“So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.” (Luke 11:9)

“And I will do whatever you ask in my name, so that the Son may bring glory to the Father. You may ask me for anything in my name, and I will do it.” (John 14:13-14)

“Open my eyes that I may see wonderful things in your law.” (Psalm 119:18)

B. Bible Reading Daily.

Bible: *“All Scripture is God-breathed and is useful for **teaching, rebuking, correcting and training in righteousness**, so that the man of God may be thoroughly equipped for every good work.”* (2 Timothy 3:16-17)

Reading: I expect all Scripture to tell me something that I need to: Know, Stop, Change, & Do.

-**Teaching:** tells me what I need to **KNOW**.

-**Rebuking:** tells me what I need to **STOP**.

-**Correcting:** tells me what I need to **CHANGE**.

-**Training in Righteousness:** tells me what I need to **DO**.

Daily: Use a plan...

1. **Select** where to read in the Bible daily.
2. **Read**, underline and note what truth God impresses upon you. (Psalm 139:23-24)
3. **Write** verse on 3x5 card and note what I need to Know, Stop, Change & Do.
4. **Memorize** the verse on the 3x5 card. (Psalm 119:9, 11)
5. **Meditate** on my verse throughout the day. (Psalm 1:2-3)
6. **Review** my memory cards regularly. (Joshua 1:8)

C. Communicate (PRAY) with God.

“Call to me and I will answer you and tell you great and unsearchable things you do not know.” (Jeremiah 33:3).

*After God has spoken through His Book, then speak to Him in prayer. One method is to incorporate four areas of prayer that you can remember with the word **PRAY**.

Praise: I will praise God for... (Focus on God’s character, who He is, what He has done.).

Repent: I confess and repent of the sin of . . . (Listing and confessing our specific sins is essential for Christian growth.).

Ask: I pray for . . . (Write out specific requests in your life and the life of others that require the work of God.).

Yield: I yield my life to the Lord in the areas of application from my study.

“All the troubles of life come upon us because we refuse to sit quietly for a while each day in our room.”

BLAISE PASCAL (1623-1662)